



Frequently Asked Questions:

Q Where can I get an athletic packet?

A Packets can be picked up in the Athletics, or Front, office. The packet has directions on how to register on Register My Athlete, the physical exam form that your doctor must fill out and instructions for completing Brainbook.

Q What is needed in order to be cleared for sports?

A You must create an account on Register My Athlete aka. RMA (www.registermyathlete.com), and complete all requirements on that site.

Q What are the requirements?

A You must get a physical each school year and upload it on the correct form to RMA. You must take a Brainbook course and submit the certificate that you passed the course before the first sport you play. The certificate is good for 5 years. There are other requirements that you must read and agree to before you can be cleared.

Q What if I am an incoming Freshman?

A ALL incoming freshmen who want to play sports must create a RMA account if you don't already have one and complete the registration requirements. If you already have an RMA account, then you can use that account and just update your school.

Q What if I am a transfer student?

A ALL transfer students must complete the RMA requirements and complete a 550 form at <https://admin.aiaonline.org/public-forms/student-transfer>.

Q What if I am a returning student?

A All returning students who played a sport the previous year already have a Register My Athlete account, but each year you must register for all sports you want to play and upload the new physical and complete the rest of the requirements on RMA.

Q I know insurance is required to play sports. What if I do not have insurance?

A If you do not have insurance, you can purchase the school insurance through the athletic office. Ask someone in the Athletic Office for an insurance pamphlet.

If you have any questions that are not answered above, see Mrs. Cluff in the athletic office or call her at 480-474-6125.